

MARCH/APRIL 2020

# *San Pasqual Reservation Environmental Newsletter*

THE SAN PASQUAL ENVIRONMENTAL AND WATER DEPARTMENTS STRIVE DAILY TO IMPROVE AND PRESERVE THE ENVIRONMENTAL QUALITY OF THE SAN PASQUAL RESERVATION, THIS INCLUDES BUT IS NOT LIMITED TO SURFACE AND GROUND WATER QUALITY TESTING MANAGING SOLID WASTE, NATIVE PLANT RESTORATION, EROSION CONTROL, RENEWABLE ENERGY, ILLEGAL DUMP CLEAN UP, SITE RESTORATION AND ENVIRONMENTAL EDUCATION AND OUTREACH.

## *Transfer Station Update*

IN SUPPORT OF THE "STAY AT HOME" ORDER MADE BY GOVERNOR NEWSOM AND TO ENSURE THE HEALTH AND SAFETY OF TRIBAL MEMBERS, RESIDENTS, AND EMPLOYEES. WE HAVE SUSPENDED ALL TRANSFER STATION ACTIVITY UNTIL FURTHER NOTICE. THE TRANSFER STATION WILL BE CLOSED, OPEN DUMP SATURDAYS AND ELDER PICK UPS HAVE BEEN POSTPONED. WE WILL POST ANY UPDATES AS THEY BECOME AVAILABLE. FOR QUESTIONS YOU MAY CONTACT JOHN FLORES, ENVIRONMENTAL DIRECTOR AT 760.651.5141 OR AT [JOHNF@SANPASQUALTRIBE.ORG](mailto:JOHNF@SANPASQUALTRIBE.ORG) TO KEEP UP WITH THE LATEST SAN PASQUAL NEWS TEXT SPTRIBE TO 484848

## *Important Update regarding Elder Pick Ups!*

ELDER PICK UPS HAVE BEEN TEMPORARILY CANCELED, TO ENSURE THE HEALTH AND SAFETY OF TRIBAL MEMBERS, RESIDENTS, AND EMPLOYEES, AND TO MITIGATE THE IMPACT OF THE COVID-19 VIRUS.

FOR QUESTIONS REGARDING ELDER PICK UPS CONTACT DESIREE MORALES-WHITMAN

# California Stay at Home Order

The California State Public Health Officer and Director of the California Department of Public Health is ordering all individuals living in the State of California to stay home or at their place of residence, except as needed to maintain continuity of operation of the federal critical infrastructure sectors, critical government services, childcare, and construction, including housing construction.

Read the full Executive Order at

<https://covid19.ca.gov/img/Executive-Order-N-33-20.pdf>.

## HOW LONG WILL WE STAY HOME?

This goes into effect on Thursday, March 19, 2020. The order is in place until further notice.

## WHAT CAN I DO? WHAT'S OPEN?

Essential services will remain open such as:

- Gas stations
- Pharmacies
- Food: Grocery stores, farmers markets, food banks, convenience stores, take-out and delivery restaurants
- Banks
- Laundromats/laundry services
- Essential state and local government functions will also remain open, including law enforcement and offices that provide government programs and services.

## WHAT'S CLOSED?

- Dine-in restaurants
- Bars and nightclubs
- Entertainment venues
- Gyms and fitness studios
- Public events and gatherings
- Convention Centers

## WHERE DOES THIS APPLY?

This is in effect throughout the State of California.

# CORONAVIRUS COVID-19

COVID-19 is a new viral respiratory illness caused by a novel coronavirus which has been spreading around the world since it was first detected in Wuhan City in China. The virus is being referred to in the media as the Coronavirus. The virus has been named "SARS-CoV-2" the disease it causes has been named "Coronavirus disease 2019," abbreviated COVID-19. COVID-19 is not caused by the same Coronavirus that caused Severe Acute Respiratory Syndrome (SARS) in 2003 or Middle East Respiratory Syndrome Coronavirus (MERS-CoV) in 2012. However, it is in the same family of viruses. The coronaviruses are a large family of viruses. They are estimated to cause about a third of all cases of the common cold. It is important to understand that coronaviruses are commonly found in many Species of animals. Not all coronaviruses cause disease in humans, and even when they do, that disease is minor (for example, some coronaviruses are responsible for the common cold). Sometimes, viruses found in animals can infect people and then spread from person to person. This is what seems to have happened with COVID-19. Because Covid-19 is a new virus strain, there are still many unknown factors, such as how severe the illness can be, how well it is transmitted between people, and other features of the virus.

THE FOLLOWING INFORMATION IS THE CURRENT INFORMATION PROVIDED BY THE CDC.

What symptoms to watch out for:

Reported illnesses have ranged from mild symptoms to severe illness and death for confirmed coronavirus disease 2019 (COVID-19) cases.

The following symptoms may appear 2-14 days after exposure.\*



If you develop emergency warning signs for COVID-19 get medical attention immediately. Emergency warning signs include\*:

- Difficulty breathing or shortness of breath
- Persistent pain or pressure in the chest
- New confusion or inability to arouse
- Bluish lips or face

\*This list is not all inclusive. Please consult your medical provider for any other symptoms that are severe or concerning.

STEPS TO HELP PREVENT THE SPREAD OF COVID-19 IF YOU ARE SICK:

STAY HOME EXCEPT TO GET MEDICAL CARE

- STAY HOME: People who are mildly ill with COVID-19 are able to recover at home. Do not leave, except to get medical care. Do not visit public areas.
- STAY IN TOUCH WITH YOUR DOCTOR. Call before you get medical care. Be sure to get care if you feel worse or you think it is an emergency.
- AVOID PUBLIC TRANSPORTATION: Avoid using public transportation, ride-sharing, or taxis.





### SEPARATE YOURSELF FROM OTHER PEOPLE IN YOUR HOME, THIS IS KNOWN AS HOME ISOLATION

- **STAY AWAY FROM OTHERS:** As much as possible, you should stay in a specific “sick room” and away from other people in your home. Use a separate bathroom, if available.
- **LIMIT CONTACT WITH PETS & ANIMALS:** You should restrict contact with pets and other animals, just like you would around other people. Although there have not been reports of pets or other animals becoming sick with COVID-19, it is still recommended that people with the virus limit contact with animals until more information is known. When possible, have another member of your household care for your animals while you are sick with COVID-19. If you must care for your pet or be around animals while you are sick, wash your hands before and after you interact with them. See COVID-19 and Animals for more information.



### CALL AHEAD BEFORE VISITING YOUR DOCTOR

- **CALL AHEAD:** If you have a medical appointment, call your doctor’s office or emergency department, and tell them you have or may have COVID-19. This will help the office protect themselves and other patients.



### WEAR A FACEMASK IF YOU ARE SICK

- **IF YOU ARE SICK:** You should wear a facemask when you are around other people and before you enter a healthcare provider’s office. If you are caring for others: If the person who is sick is not able to wear a facemask (for example, because it causes trouble breathing), then people who live in the home should stay in a different room. When caregivers enter the room of the sick person, they should wear a facemask. Visitors, other than caregivers, are not recommended.



### COVER YOUR COUGHS AND SNEEZES

- **COVER:** Cover your mouth and nose with a tissue when you cough or sneeze.
- **DISPOSE:** Throw used tissues in a lined trash can.
- **WASH HANDS:** Immediately wash your hands with soap and water for at least 20 seconds. If soap and water are not available, clean your hands with an alcohol-based hand sanitizer that contains at least 60% alcohol.



### CLEAN YOUR HANDS OFTEN

- **WASH HANDS:** Wash your hands often with soap and water for at least 20 seconds. This is especially important after blowing your nose, coughing, or sneezing; going to the bathroom; and before eating or preparing food.
- **HAND SANITIZER:** If soap and water are not available, use an alcohol-based hand sanitizer with at least 60% alcohol, covering all surfaces of your hands and rubbing them together until they feel dry.
- **SOAP AND WATER:** Soap and water are the best option, especially if hands are visibly dirty.
- **AVOID TOUCHING:** Avoid touching your eyes, nose, and mouth with unwashed hands.



### AVOID SHARING PERSONAL HOUSEHOLD ITEMS

- **DO NOT SHARE:** Do not share dishes, drinking glasses, cups, eating utensils, towels, or bedding with other people in your home.
- **WASH THOROUGHLY AFTER USE:** After using these items, wash them thoroughly with soap and water or put in the dishwasher.



### CLEAN ALL “HIGH-TOUCH” SURFACES EVERYDAY

Clean high-touch surfaces in your isolation area (“sick room” and bathroom) every day; let a caregiver clean and disinfect high-touch surfaces in other areas of the home.

- **CLEAN AND DISINFECT:** Routinely clean high-touch surfaces in your “sick room” and bathroom. Let someone else clean and disinfect surfaces in common areas, but not your bedroom and bathroom. If a caregiver or other person needs to clean and disinfect a sick person’s bedroom or bathroom, they should do so on an as-needed basis. The caregiver/other person should wear a mask and wait as long as possible after the sick person has used the bathroom. High-touch surfaces include phones, remote controls, counters, tabletops, doorknobs, bathroom fixtures, toilets, keyboards, tablets, and bedside tables. Clean and disinfect areas that may have blood, stool, or body fluids on them.



**HOUSEHOLD CLEANERS AND DISINFECTANTS:** Clean the area or item with soap and water or another detergent if it is dirty. Then, use a household disinfectant. Be sure to follow the instructions on the label to ensure safe and effective use of the product. Many products recommend keeping the surface wet for several minutes to ensure germs are killed. Many also recommend precautions such as wearing gloves and making sure you have good ventilation during use of the product.



#### MONITOR YOUR SYMPTOMS

- **SEEK MEDICAL ATTENTION, BUT CALL FIRST:** Seek medical care right away if your illness is worsening (for example, if you have difficulty breathing).
- **CALL YOUR DOCTOR BEFORE GOING IN:** Before going to the doctor's office or emergency room, call ahead and tell them your symptoms. They will tell you what to do.
- **WEAR A FACEMASK:** If possible, put on a facemask before you enter the building. If you can't put on a facemask, try to keep a safe distance from other people (at least 6 feet away). This will help protect the people in the office or waiting room.

Follow care instructions from your healthcare provider and local health department: Your local health authorities will give instructions on checking your symptoms and reporting information.

If you develop emergency warning signs for COVID-19 get medical attention immediately.

Emergency warning signs include\*:

- Difficulty breathing or shortness of breath
- Persistent pain or pressure in the chest
- New confusion or inability to arouse
- Bluish lips or face

\*This list is not all inclusive. Please consult your medical provider for any other symptoms that are severe or concerning.

Call 911 if you have a medical emergency: If you have a medical emergency and need to call 911, notify the operator that you have or think you might have, COVID-19. If possible, put on a facemask before medical help arrives.

FOR UPDATES VISIT

<https://www.cdc.gov/coronavirus/2019-ncov/index.html>

<https://www.youtube.com/playlist?list=PLvvp9iOILTQaJa78zFQ0QgvShQ2HEwHxP>

<https://covid19.ca.gov>

<https://www.usa.gov/coronavirus#item-214586>

<http://www.palatribe.com/covid-19-coronavirus-outbreak/>

County residents can now receive information about the novel coronavirus via text thanks to the County COVID-19 public information text message alert system. The system allows County health officials to send real-time information about COVID-19 in the region.

To sign up to receive the messages, text COSD COVID19 to 468-311.

The system was set up to let County public health officials issue information and instructions on changes related to COVID-19 in the region.



The San Pasqual Business Committee has been closely monitoring and following the guidance recommended by National, State, Health, CDC and other agencies. As well as participated in calls with the California Governor's Office of Emergency Affairs Tribal Assistance Coordination Group and Indian Health Services. At this time, the San Pasqual Business Committee wants to ensure the health and safety of tribal members, residents, and employees, and mitigate the impact of the virus. Social distancing is one of the primary methods to curtail the spread of the virus. As a result, the following direction and actions are provided:

**Tribal Government Services** will be available but limited to services allowable through phone, text or email. Person to Person contact will be limited to emergencies only. Please see the following chart for Tribal Departments and essential services information. The Police and Fire Departments will continue to provide optimum service to the community. Dial 911 for Emergencies

**San Pasqual Administration** Contact will be minimized to the receptionists and back office visits stopped. Checks for per capita, payroll, and general welfare will be mailed for those without direct deposit. All are encouraged to establish direct deposit.

Receptionist  
760.749.3200  
To subscribe to San Pasqual Text Notifications text SPTRIBE to 484848

**The Finance Department** staff will not interact directly (in person) with members and others who may come into the Tribal office. Exceptions will be made on a case by case basis. The preferred means of communication are telephone, email, fax, and text, in that order. Per Capita checks, advances and loans will be handled as usual, and checks will be mailed to those without direct deposit. All penalties for late payments will be waived until the pandemic is rendered over. Expect delays in processing donations and scholarships.

Yolanda McCollum  
Comptroller  
Cell: 760.520.5952  
[YolandM@sanpasqualtribe.org](mailto:YolandM@sanpasqualtribe.org)

**The Human Resources Department** will provide services by phone and e-mail only. General Welfare claims may be sent by e-mail to [aubrinac@sanpasqualtribe.org](mailto:aubrinac@sanpasqualtribe.org), [nolaa@sanpasqualtribe.org](mailto:nolaa@sanpasqualtribe.org), or [kirste@pcfoy.com](mailto:kirste@pcfoy.com). Claims can now be submitted by taking a photo of the claim form and receipt with a cell phone and texting to Nola Alvarado at 760-803-5187. Claims can also be sent by mail.

Carlye Duckworth  
Human Resources Director  
Cell: 442-248-2001  
[carlyed@sanpasqualtribe.org](mailto:carlyed@sanpasqualtribe.org)

**The Planning Department** will provide services as allowable through phone and email only. Unless urgent, all surveying, site visits, and in-person meetings will be temporarily postponed. For further information or to discuss your current project, please contact Andrew Orosco.

Andrew Orosco  
Planning Director  
Cell: 760.445.8285  
[andrewo@sanpasqualtribe.org](mailto:andrewo@sanpasqualtribe.org)

**The Public Works Department** will continue to maintain driveways and culverts and monitor critical facilities throughout rain events. Unless urgent, all work orders will be postponed. Emergency site visits can be scheduled with David Martinez.

David Martinez  
Public Works Director  
Cell: 760.484.7149  
[davidm@sanpasqualtribe.org](mailto:davidm@sanpasqualtribe.org)

**The Domestic Water Department** will continue to maintain and operate the San Pasqual Domestic Water system. Unless urgent, all new work orders will be postponed. To notify San Pasqual of a water break please contact John Flores.

John Flores  
Water Manager  
Cell: 760.310.6696  
[johnf@sanpasqualtribe.org](mailto:johnf@sanpasqualtribe.org)

**The Environmental Department** will provide Environmental, THPO and Utilities services as allowable through phone and email only. Unless urgent, all new work orders will be postponed. All elder pick-ups will be postponed until further notice.

John Flores  
Environmental Director  
Cell: 760.310.6696  
[johnf@sanpasqualtribe.org](mailto:johnf@sanpasqualtribe.org)

**Housing Department** will continue to provide services remotely via phone and email. House payments/rents may be deposited in the window drop slot next to the front door at the housing building. Do not leave CASH. Only Checks and Money Orders will be accepted. You may also mail your payment to: Housing Department, Post Office Box 365, Valley Center, CA 92082. Receipts will be mailed to you direct. Routine maintenance of H/AC & Septic Pumping remains active for the month of May.

Diana Martinez  
Housing Director  
Cell: 760.519.3768  
[dianam@sanpasqualtribe.org](mailto:dianam@sanpasqualtribe.org)

**Education Department** services are suspended until further notice.

Lorraine Orosco  
Education Director  
Cell: 760.445.4752  
[lorraineo@sanpasqualtribe.org](mailto:lorraineo@sanpasqualtribe.org)

#### **Event Cancellation and Postponement**

- All upcoming Community Resource Fairs cancelled
- Worker Compensation Town Hall Meetings March 26<sup>th</sup> and April 4<sup>th</sup> postponed. New Dates TBD.
- Census Day April 1<sup>st</sup> cancelled. Census link and information will be distributed via email, text notification and social media
- Earth Day April 18<sup>th</sup> postponed. New Date TBD

Continue to monitor the Tribal Website for updates. Notifications will also be provided through Text messages.



## San Pasqual Domestic Water Authority

### COVID-19 and Your Drinking Water Supply



Dear San Pasqual Tribal Community,

San Pasqual Domestic Water Department has been closely monitoring events and public health recommendations surrounding the outbreak and spread of COVID-19. We want to reassure our customers that your tap water is available, plentiful and safe. There is currently no evidence to support that COVID-19 is transmitted through drinking water.

San Pasqual Domestic Water Department provides drinking water from a blend of groundwater wells and imported surface water from the Indian Water Authority (IWA) via the Metropolitan Water District (MWD). Groundwater provides a natural filtration process which facilitates the removal of contaminants such as COVID-19. MWD utilizes multiple steps in their treatment process that is sufficient to physically remove, disinfect and chemically inactivate viruses, bacteria and other living organisms. This level of treatment meets the stringent state and federal drinking water standards that ensures water is safe for consumption.

Our water quality staff continuously monitors the water supply throughout the distribution system, collecting multiple water samples each year. These results are published in the Annual Water Quality Report every July.

San Pasqual Domestic Water Department relies on its employees to provide a reliable, safe, high-quality water supply to nearly 2,000 residents in the San Pasqual Reservation. The spread of COVID-19 may necessitate changes in the way we interact, but it does not change what we do. San Pasqual Domestic Water Department will continue to operate and will continue to deliver the same high-quality tap water that we have been producing for over five decades.

If you have any questions you can visit our website or email our Water Manager John Flores at [johnf@sanpasqualtribe.org](mailto:johnf@sanpasqualtribe.org)

# The Environmental and Water Department

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[WWW.SANPASQUALBANDOFMISSIONINDIANS.ORG](http://WWW.SANPASQUALBANDOFMISSIONINDIANS.ORG)  
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[WWW.INSTAGRAM.COM/SPTRIBAL\\_ENVIRONMENTAL/](http://WWW.INSTAGRAM.COM/SPTRIBAL_ENVIRONMENTAL/)



DEPARTMENT OF ENERGY,  
TRIBAL ENERGY PROGRAM GRANT

BOR GRANT MANAGEMENT

IHS PROJECT MANAGEMENT

BIA GRANT MANAGEMENT

EPA GRANT MANAGEMENT  
- GENERAL ASSISTANCE PROGRAM  
- CLEAN WATER ACT 106  
- CWA NON-POINT SOURCE 319

SDG&E APPLICATIONS\*\*

INDIAN HEALTH SANITATION  
SERVICE APPLICATIONS\*\*

SOLAR RESOURCES

NPS INSPECTIONS

ENVIRONMENTAL OUTREACH

ANNUAL EPA REGION 9/ TRIBAL  
CONFERENCE

ELDER PICK UPS\*\*  
- SOLID WASTE  
- GREEN WASTE

TRIBAL HISTORIC  
PRESERVATION  
MONITORING

