

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



# December 2018



*“May your holiday season be wrapped in happiness and tied with love.”*

										<p>9:30 Exercise <b>1</b></p> <p>10:00 Daily Gratitude</p> <p>10:30 Saturday Morning Kick Ball</p> <p>11:00 Story Writing</p> <p>1:00 Reading Group/Patio Walk</p> <p>2:00 Arts &amp; Crafts</p> <p>3:00 Musical Memories</p> <p>4:00 Afternoon Stretches</p> <p>6:00 Classic TV</p>	
<p>9:30 Worship Service <b>2</b></p> <p>10:00 Exercise</p> <p>10:30 News You Can Use!</p> <p>11:00 Noodles &amp; Balloons</p> <p>1:00 Garden Walk</p> <p>2:00 Arts &amp; Crafts</p> <p>3:00 Sing-A-Long with Susie Q</p> <p>4:00 I Love Lucy show!</p> <p>6:00 Classic TV</p>	<p>9:30 Exercise <b>3</b></p> <p>10:00 Daily Gratitude</p> <p>10:30 Rhythm and Band</p> <p>11:00 Hangman</p> <p>1:00 Bingo</p> <p>2:00 Arts &amp; Crafts</p> <p>3:00 Musical Memories</p> <p>4:00 Afternoon Stretches</p> <p>6:00 Classic TV</p> <p><small>First Day of Hanukkah</small></p>	<p>9:30 Exercise <b>4</b></p> <p>10:00 News You Can Use!</p> <p>10:30 Trivia</p> <p>11:00 Parachute dance</p> <p>1:00 Jingo</p> <p>2:00 Arts &amp; Crafts</p> <p>3:00 Christmas Sing-a-long Susie Q</p> <p>4:00 Relaxation Music</p> <p>6:00 Classic TV</p>	<p>9:30 Music &amp; Movement with Rachel <b>5</b></p> <p>10:00 Daily gratitude</p> <p>10:30 News You can use!</p> <p>11:00 Improv Club</p> <p>1:00 Penny Ante</p> <p>2:00 Arts &amp; Crafts</p> <p>3:00 Afternoon Walk</p> <p>4:00 Relaxation Music</p> <p>6:00 Classic TV</p>	<p>9:30 Exercise <b>6</b></p> <p>10:00 News You Can Use!</p> <p>10:30 Trivia</p> <p>11:00 Hang Man</p> <p>1:00 Jingo</p> <p>2:00 Reading Group</p> <p>3:00 Computer Games</p> <p>4:00 Afternoon Walk</p> <p>6:00 Classic TV</p>	<p>9:30 Exercise <b>7</b></p> <p>10:00 News You can use</p> <p>10:30 Memory Games</p> <p>11:00 Noodles and Balloons</p> <p>1:00 Garden Walk</p> <p>2:00 Happy Hour</p> <p>3:00 Musical Memories</p> <p>4:00 Afternoon Stretches</p> <p>6:30 Annual Tree Lighting</p>	<p>9:30 Exercise <b>8</b></p> <p>10:00 Daily Gratitude</p> <p>10:30 Saturday Morning Kick Ball</p> <p>11:00 Story Writing</p> <p>1:00 Reading Group/Patio Walk</p> <p>2:00 Arts &amp; Crafts</p> <p>3:00 Musical Memories</p> <p>4:00 Afternoon Stretches</p> <p>6:00 Classic TV</p>					
<p>9:30 Worship Service <b>9</b></p> <p>10:00 Exercise</p> <p>10:30 News You Can Use!</p> <p>11:00 Noodles &amp; Balloons</p> <p>1:00 Garden Walk</p> <p>2:00 Arts &amp; Crafts</p> <p>3:00 Sing-A-Long with Susie Q</p> <p>4:00 I Love Lucy Show!</p> <p>6:00 Classic TV</p>	<p>9:30 Exercise <b>10</b></p> <p>10:00 Daily Gratitude</p> <p>10:30 Rhythm and band</p> <p>11:00 Hangman</p> <p>1:00 Bingo</p> <p>2:00 Arts &amp; Crafts</p> <p>3:00 Musical memories</p> <p>4:00 Afternoon Stretches</p> <p>6:00 Classic TV</p>	<p>9:30 Exercise <b>11</b></p> <p>10:00 News You Can Use!</p> <p>10:30 Trivia</p> <p>11:00 Parachute Dance</p> <p>1:00 Jingo</p> <p>2:00 Arts &amp; Crafts</p> <p>3:00 Christmas Sing-a-long with Sonia</p> <p>4:00 Relaxation Music</p> <p>6:00 Classic TV/Tree Lights Outing</p>	<p>9:30 Music &amp; Movement with Rachel <b>12</b></p> <p>10:00 Daily gratitude</p> <p>10:30 News You Can use!</p> <p>11:00 Improv Club</p> <p>1:00 Penny Ante</p> <p>2:00 Arts &amp; Crafts</p> <p>3:00 Afternoon walks</p> <p>4:00 Relaxation Music</p> <p>6:00 Classic TV</p>	<p>9:30 Exercise <b>13</b></p> <p>10:00 News You Can Use!</p> <p>10:30 Trivia</p> <p>11:00 Hang Man</p> <p>1:00 Jingo</p> <p>2:00 Reading Group</p> <p>3:00 Computer Games</p> <p>4:00 Afternoon Walk</p> <p>6:00 Classic TV</p>	<p>9:30 Exercise <b>14</b></p> <p>10:00 News You can use</p> <p>10:30 Memory Games</p> <p>11:00 Noodles and Balloons</p> <p>1:00 Garden Walk</p> <p>2:00 Happy Hour</p> <p>3:00 Musical Memories</p> <p>4:00 Afternoon Stretches</p> <p>6:00 Classic TV</p>	<p>9:30 Exercise <b>15</b></p> <p>10:00 Daily Gratitude</p> <p>10:30 Saturday Morning Kick Ball</p> <p>11:00 Story Writing</p> <p>1:00 Reading Group/Patio Walk</p> <p>2:00 Arts &amp; Crafts</p> <p>3:00 Musical Memories</p> <p>4:00 Afternoon Stretches</p> <p>6:00 Classic TV</p>					
<p>9:30 Worship Service <b>16</b></p> <p>10:00 Exercise</p> <p>10:30 News You Can Use!</p> <p>11:00 Noodles &amp; Balloons</p> <p>1:00 Garden Walk</p> <p>2:00 Arts &amp; Crafts</p> <p>3:00 Sing-A-Long with Susie Q</p> <p>4:00 I Love Lucy Show!</p> <p>6:00 Classic TV</p>	<p>9:30 Exercise <b>17</b></p> <p>10:00 Daily Gratitude</p> <p>10:30 Rhythm and Band</p> <p>11:00 Hangman</p> <p>1:00 Bingo</p> <p>2:30 <b>VH Women's Chorus</b></p> <p>3:00 Musical memories</p> <p>4:00 Afternoon stretches</p> <p>6:00 Classic TV</p>	<p>9:30 Exercise <b>18</b></p> <p>10:00 News You Can use!</p> <p>10:30 Trivia</p> <p>11:00 Parachute dance</p> <p>1:00 Jingo</p> <p>2:00 Arts and Crafts</p> <p>3:00 Christmas Sing-a-long Susie Q</p> <p>4:00 Relaxation Music</p> <p>6:00 Classic TV</p>	<p>9:30 Music &amp; Movement with Rachel <b>19</b></p> <p>10:00 Daily Gratitude</p> <p>10:30 News you can use!</p> <p>11:00 Improv Club</p> <p>1:00 Penny Ante</p> <p>2:00 Arts &amp; Crafts</p> <p>3:00 Afternoon walks</p> <p>4:00 Relaxation Music</p> <p>6:00 Classic TV</p>	<p>9:30 Exercise <b>20</b></p> <p>10:00 News You Can Use!</p> <p>10:30 Trivia</p> <p>11:00 Hang Man</p> <p>1:00 Jingo</p> <p>2:00 Reading Group</p> <p>3:00 Computer Games</p> <p>4:00 Afternoon Walk</p> <p>6:00 Classic TV</p>	<p>9:30 Exercise <b>21</b></p> <p>10:00 News You can use</p> <p>10:30 Memory Games</p> <p>11:00 Noodles and Balloons</p> <p>1:00 Garden Walk</p> <p>2:00 <b>Residents Birthday Party</b></p> <p>3:00 Musical Memories</p> <p>4:00 Afternoon Stretches</p> <p>6:00 Classic TV</p> <p><small>TV</small></p> <p><small>Winter Begins</small></p>	<p>9:30 Exercise <b>22</b></p> <p>10:00 Daily Gratitude</p> <p>10:30 Saturday Morning Kick Ball</p> <p>11:00 Story Writing</p> <p>1:00 Reading Group/Patio Walk</p> <p>2:00 Arts &amp; Crafts</p> <p>3:00 Musical Memories</p> <p>4:00 Afternoon Stretches</p> <p>6:00 Classic TV</p>					
<p>9:30 Worship Service <b>23</b></p> <p>10:00 Exercise</p> <p>10:30 News You Can Use!</p> <p>11:00 Noodles &amp; Balloons</p> <p>1:00 Garden Walk</p> <p>2:00 Arts &amp; Crafts</p> <p>3:00 Sing-A-Long with Susie Q</p> <p>4:00 I Love Lucy Show!</p> <p>6:00 Classic TV</p>	<p>9:30 Exercise <b>24</b></p> <p>10:00 Daily Gratitude</p> <p>10:30 Rhythm and Band</p> <p>11:00 Hangman</p> <p>1:00 Bingo</p> <p>2:00 Arts And crafts</p> <p>3:30 Musical Memories</p> <p>4:00 Afternoon stretches</p> <p>6:30 <b>Christmas Eve Service</b></p>	<p>9:30 Exercise <b>25</b></p> <p>10:00 News You Can Use!</p> <p>10:30 Trivia</p> <p>11:00 Parachute dance</p> <p>1:00 Jingo</p> <p>2:00 <b>Christmas Day Arts &amp; Crafts</b></p> <p>3:00 Christmas Sing-a-long Susie Q</p> <p>4:00 Relaxation music</p> <p>6:00 Classic TV</p> <p><small>Christmas Day</small></p>	<p>9:30 Music &amp; Movement with Rachel <b>26</b></p> <p>10:00 Daily Gratitude</p> <p>10:30 News You can use!</p> <p>11:00 Improv club</p> <p>1:00 Penny Ante</p> <p>2:00 Arts &amp; Crafts</p> <p>3:00 Afternoon Walks</p> <p>4:00 Relaxation music</p> <p>6:00 Classic TV</p> <p><small>Kwanzaa Begins</small></p>	<p>9:30 Exercise <b>27</b></p> <p>10:00 News You Can Use!</p> <p>10:30 Trivia</p> <p>11:00 Hang Man</p> <p>1:00 Jingo</p> <p>2:00 Reading Group</p> <p>3:00 Computer Games</p> <p>4:00 Afternoon Walk</p> <p>6:00 Classic TV</p>	<p>9:30 Exercise <b>28</b></p> <p>10:00 News You can use</p> <p>10:30 Memory Games</p> <p>11:00 Noodles and Balloons</p> <p>1:00 Garden Walk</p> <p>2:00 Happy Hour</p> <p>3:00 Musical Memories</p> <p>4:00 Afternoon Stretches</p> <p>6:00 Classic TV</p>	<p>9:30 Exercise <b>29</b></p> <p>10:00 Daily Gratitude</p> <p>10:30 Saturday Morning Kick Ball</p> <p>11:00 Story Writing</p> <p>1:00 Reading Group/Patio Walk</p> <p>2:00 Arts &amp; Crafts</p> <p>3:00 Musical Memories</p> <p>4:00 Afternoon Stretches</p> <p>6:00 Classic TV</p>					
<p>9:30 Worship Service <b>30</b></p> <p>10:00 Exercise</p> <p>10:30 News You Can Use!</p> <p>11:00 Noodles &amp; Balloons</p> <p>1:00 Garden Walk</p> <p>2:00 Arts &amp; Crafts</p> <p>3:00 Sing-A-Long with Susie Q</p> <p>4:00 I Love Lucy Show!</p> <p>6:00 Classic TV</p>	<p>9:30 Exercise <b>31</b></p> <p>10:00 Daily Gratitude</p> <p>10:30 Rhythm and band</p> <p>11:00 Hangman</p> <p>1:00 Bingo</p> <p>2:30 <b>New Year's Eve Party</b></p> <p>3:30 Musical Memories</p> <p>4:00 Afternoon stretches</p> <p>6:00 Classic TV</p> <p><small>New Year's Eve</small></p>	<p><i>“The joy of brightening other lives, bearing each other’s’ burdens, easing others’ loads and supplanting empty hearts and lives with generous gifts becomes for Us the magic of the holidays.” – WC Jones</i></p>									