

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

March 2019



"In Spring, everything is full of promise." - Charles Lanman

<p>9:30 Classical Music 3</p> <p>10:30 Worship Service</p> <p>11:00 Stretch and Be Fit</p> <p>2:00 Super Computer</p> <p>3:00 Sunday Bingo</p> <p>4:00 Inspiring Stories</p> <p>6:00 Relaxation Art (cart)</p>	<p>9:30 Freshly Baked Cookies 4</p> <p>10:00 Gratitude Moments</p> <p>10:30 Get Fit w/ Juan</p> <p>11:00 Trivia</p> <p>2:00 Super Computer</p> <p>3:00 Monday Bingo</p> <p>4:00 Inspiring Stories</p> <p>6:00 Relaxation Art (cart)</p>	<p>9:30 Balloon Toss 5</p> <p>10:30 Get Fit w/ Juan</p> <p>11:00 Trivia</p> <p>2:00 Super Computer/Spa Time</p> <p>3:00 It's Bingo Time!</p> <p>4:00 Travel Log</p> <p>6:00 Relaxation Artwork (cart)</p> <p style="text-align: center;"><small>Mardi Gras</small></p>	<p>9:30 Armchair Travel 6</p> <p>10:15 News You Can Use</p> <p>10:45 Music & Movement/Rachel</p> <p>11:30 SNF Resident Council</p> <p>2:00 Smart Computer Games</p> <p>3:00 Afternoon Table Games</p> <p>4:00 Gospel Music</p> <p>6:00 Relaxation Artwork (cart)</p> <p style="text-align: center;"><small>Ash Wednesday</small></p>	<p>9:30 Soothing Music 7</p> <p>10:00 News You Can Use</p> <p>10:30 Rise N' Shine Chair Yoga</p> <p>11:00 Memory Joggers</p> <p>2:00 Arts & Crafts</p> <p>3:00 Bingo</p> <p>4:00 Positive Headlines</p> <p>6:30 Relaxation Artwork (cart)</p>	<p>9:30 Morning Social 1</p> <p>10:00 Gratitude Moments</p> <p>10:30 Get Fit w/ Juan</p> <p>11:00 Family Feud</p> <p>2:00 Solve that Puzzle Hangman</p> <p>3:00 It's Bingo Time!</p> <p>4:00 Inspiring Stories</p> <p>6:00 <i>Friday Night at the Movies</i></p>	<p>9:30 Balloon Toss 2</p> <p>10:00 Gratitude Moments</p> <p>10:30 Sit & Be Fit</p> <p>11:00 Visit by St. Dominic's Catholic Church</p> <p>2:00 Family Feud</p> <p>3:00 Music Appreciation</p> <p>6:00 Relaxation Artwork (cart)</p>
<p>9:30 Classical Music 10</p> <p>10:30 Worship Service</p> <p>11:00 Stretch and Be Fit</p> <p>2:00 Super Computer</p> <p>2:30 Flintridge Music Concert/CH</p> <p>3:00 Sunday Bingo</p> <p>4:00 Inspiring Stories</p> <p>6:00 Relaxation Art (cart)</p> <p style="text-align: center;"><small>Daylight Saving Time Begins</small></p>	<p>9:30 Freshly Baked Cookies 11</p> <p>10:00 Gratitude Moments</p> <p>10:30 Get Fit w/ Juan</p> <p>11:00 Trivia</p> <p>2:00 Super Computer</p> <p>3:00 Monday Bingo</p> <p>4:00 Inspiring Stories</p> <p>6:00 Relaxation Art (cart)</p>	<p>9:30 Balloon Toss 12</p> <p>10:30 Get Fit w/ Juan</p> <p>11:00 Trivia</p> <p>2:00 Super Computer/Spa Time</p> <p>3:00 It's Bingo Time!</p> <p>4:00 Travel Log</p> <p>6:00 Relaxation Artwork (cart)</p>	<p>9:30 Armchair Travel 13</p> <p>10:15 News You Can Use</p> <p>10:45 Music & Movement/Rachel</p> <p>11:00 Joyful Sounds Concert/CH</p> <p>2:00 Smart Computer Games</p> <p>3:00 Afternoon Table Games</p> <p>4:00 Gospel Music</p> <p>6:00 Relaxation Artwork (cart)</p> <p style="text-align: center;"><small>Spring Begins</small></p>	<p>9:30 Soothing Music 14</p> <p>10:00 News You Can Use</p> <p>10:30 Rise N' Shine Chair Yoga</p> <p>11:00 Memory Joggers</p> <p>2:00 Arts & Crafts</p> <p>3:00 Bingo</p> <p>4:00 Positive Headlines</p> <p>6:30 Relaxation Artwork (cart)</p>	<p>9:30 Morning Social 15</p> <p>10:00 Gratitude Moments</p> <p>10:30 Get Fit w/ Juan</p> <p>11:00 Family Feud</p> <p>2:00 Resident Birthday Party</p> <p>3:00 It's Bingo Time!</p> <p>4:00 Inspiring Stories</p> <p>6:00 <i>Friday Night at the Movies</i></p>	<p>9:30 Balloon Toss 16</p> <p>10:00 Gratitude Moments</p> <p>10:30 Sit & Be Fit</p> <p>11:00 Visit by St. Dominic's Catholic Church</p> <p>2:00 Family Feud</p> <p>3:00 Music Appreciation</p> <p>6:00 Relaxation Artwork (cart)</p>
<p>9:30 Classical Music 17</p> <p>10:30 Worship Service</p> <p>11:00 Stretch and Be Fit</p> <p>2:00 Super Computer</p> <p>2:30 St. Patrick's Day Concert</p> <p>3:00 Sunday Bingo</p> <p>4:00 Inspiring Stories</p> <p>6:00 Relaxation Art (cart)</p> <p style="text-align: center;"><small>St. Patrick's Day</small></p>	<p>9:30 Freshly Baked Cookies 18</p> <p>10:00 Gratitude Moments</p> <p>10:30 Get Fit w/ Juan</p> <p>11:00 Trivia</p> <p>2:00 Super Computer</p> <p>3:00 Monday Bingo</p> <p>4:00 Inspiring Stories</p> <p>6:00 Relaxation Art (cart)</p>	<p>9:30 Balloon Toss 19</p> <p>10:30 Get Fit w/ Juan</p> <p>11:00 Trivia</p> <p>2:00 Super Computer/Spa Time</p> <p>3:00 It's Bingo Time!</p> <p>4:00 Travel Log</p> <p>6:00 Relaxation Artwork (cart)</p>	<p>9:30 Armchair Travel 20</p> <p>10:15 News You Can Use</p> <p>10:45 Music & Movement/Rachel</p> <p>2:00 Smart Computer Games</p> <p>3:00 Afternoon Table Games</p> <p>4:00 Gospel Music</p> <p>6:00 Relaxation Artwork (cart)</p> <p style="text-align: center;"><small>Purim</small></p>	<p>9:30 Soothing Music 21</p> <p>10:00 News You Can Use</p> <p>10:30 Rise N' Shine Chair Yoga</p> <p>11:00 Memory Joggers</p> <p>2:00 Arts & Crafts</p> <p>3:00 Bingo</p> <p>4:00 Positive Headlines</p> <p>6:30 Relaxation Artwork (cart)</p>	<p>9:30 Morning Social 22</p> <p>10:00 Gratitude Moments</p> <p>10:30 Get Fit w/ Juan</p> <p>11:00 Family Feud</p> <p>2:00 Solve That Puzzle Hangman</p> <p>3:00 It's Bingo Time!</p> <p>4:00 Inspiring Stories</p> <p>6:00 <i>Friday Night at the Movies</i></p>	<p>9:30 Balloon Toss 23</p> <p>10:00 Gratitude Moments</p> <p>10:30 Sit & Be Fit</p> <p>11:00 Visit by St. Dominic's Catholic Church</p> <p>2:00 Family Feud</p> <p>3:00 Music Appreciation</p> <p>6:00 Relaxation Artwork (cart)</p>
<p>9:30 Classical Music 24</p> <p>10:30 Worship Service</p> <p>11:00 Stretch and Be Fit</p> <p>2:00 Super Computer</p> <p>3:00 Sunday Bingo</p> <p>4:00 Inspiring Stories</p> <p>6:00 Relaxation Art (cart)</p>	<p>9:30 Freshly Baked Cookies 25</p> <p>10:00 Gratitude Moments</p> <p>10:30 Get Fit w/ Juan</p> <p>11:00 Trivia</p> <p>2:00 Super Computer</p> <p>3:00 Monday Bingo</p> <p>4:00 Inspiring Stories</p> <p>6:00 Relaxation Art (cart)</p>	<p>9:30 Balloon Toss 26</p> <p>10:30 Get Fit w/ Juan</p> <p>11:00 Trivia</p> <p>2:00 Super Computer/Spa Time</p> <p>3:00 It's Bingo Time!</p> <p>4:00 Travel Log</p> <p>6:00 Relaxation Artwork (cart)</p>	<p>9:30 Armchair Travel 27</p> <p>10:15 News You Can Use</p> <p>10:45 Music & Movement/Rachel</p> <p>2:00 Smart Computer Games</p> <p>3:00 Afternoon Table Games</p> <p>4:00 Gospel Music</p> <p>6:00 Relaxation Artwork (cart)</p>	<p>9:30 Soothing Music 28</p> <p>10:00 News You Can Use</p> <p>10:30 Rise N' Shine Chair Yoga</p> <p>11:00 Memory Joggers</p> <p>2:00 Arts & Crafts</p> <p>3:00 Bingo</p> <p>4:00 Positive Headlines</p> <p>6:30 Relaxation Artwork (cart)</p>	<p>9:30 Morning Social 29</p> <p>10:00 Gratitude Moments</p> <p>10:30 Get Fit w/ Juan</p> <p>11:00 Family Feud</p> <p>2:00 Solve That Puzzle Hangman</p> <p>3:00 It's Bingo Time!</p> <p>4:00 Inspiring Stories</p> <p>6:00 <i>Friday Night at the Movies</i></p>	<p>9:30 Balloon Toss 30</p> <p>10:00 Gratitude Moments</p> <p>10:30 Sit & Be Fit</p> <p>11:00 Visit by St. Dominic's Catholic Church</p> <p>2:00 Family Feud</p> <p>3:00 Music Appreciation</p> <p>6:00 Relaxation Artwork (cart)</p>
<p>9:30 Classical Music 31</p> <p>10:30 Worship Service</p> <p>11:00 Stretch and Be Fit</p> <p>2:00 Super Computer</p> <p>3:00 Sunday Bingo</p> <p>4:00 Inspiring Stories</p> <p>6:00 Relaxation Art (cart)</p>	<p><i>"May joy and peace surround you, contentment latch your door, and happiness be with you now and bless you evermore!" - Irish blessing</i></p>					