

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

March 2019



"In Spring, everything is full of promise." - Charles Lanman

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|--|---|---|--|--|--|---|---|
| | | | | | | 9:30 Exercise 1 10:00 Morning Social 10:30 Junk Drawer Detective 11:00 Parachute Dance 1:00 Pretty Nails 2:00 Friday Afternoon Tea 3:00 Computer Games 4:00 Afternoon Stretches 6:00 Classic TV | 9:30 Exercise 2 10:00 Morning Social 10:30 Kick Ball 11:00 Dog Tails with Stella 1:00 Reading Group 2:00 Arts & Crafts 3:00 Musical Memories 4:00 Afternoon Stretches 6:00 Classic TV |
| 9:30 Worship Service 3 10:00 Exercise 10:30 News You Can Use 11:00 Junk Drawer Detective 1:00 Garden Walk 2:00 Junk Drawer Detective 3:00 Computer Games 4:00 Afternoon stretches 6:00 Classic TV | 9:30 Exercise 4 10:00 Daily Gratitude 10:30 Trivia 11:00 Noodles and Balloons 1:00 Pretty Nails/Garden Walk 2:00 Bingo 3:00 Sing-A-Long Susie Q 4:00 Musical Memories 6:00 Classic TV | 9:30 Exercise 5 10:00 News You Can Use 10:30 Word Scramble 11:00 Rhythm Band 1:00 Jingo 2:00 Mardi Gras Celebration 3:00 Musical Memories 4:00 Afternoon Stretches 6:00 Classic TV | 9:30 Music & Movement w/ Rachel 6 10:00 Trivia 10:30 Word Scramble 11:00 Memory Game 1:00 Jingo 2:00 Penny Ante 3:00 Musical Memories 4:00 Afternoon Stretches 6:00 Classic TV | 9:30 Exercise 7 10:00 New You Can Use 10:30 Trivia 11:00 Hang Man 1:00 Jingo 2:00 Arts & Crafts 3:00 Computer Games 4:00 Afternoon Walk 6:00 Classic TV | 9:30 Exercise 8 10:00 Morning Social 10:30 Junk Drawer Detective 11:00 Noodles and Balloons 1:00 Pretty Nails/Garden Walk 2:00 Friday Afternoon Tea 3:00 Britain Isles/ w/Bronwyn/CH 4:00 Afternoon Stretches 6:00 Classic TV | 9:30 Exercise 9 10:00 Morning Social 10:30 Kick Ball 11:00 Dog Tails with Stella 1:00 Reading Group 2:30 French Horn Concert/CH 3:30 Musical Memories 6:00 Classic TV | |
| 9:30 Worship Service 10 10:00 Exercise 10:30 News You Can Use 11:00 Junk Drawer Detective 1:00 Garden Walk 2:30 Flintridge Music for the World/CH 3:00 Computer Games 4:00 Afternoon stretches <small>Daylight Saving Time Begins</small> | 9:30 Exercise 11 10:00 Daily Gratitude 10:30 Trivia 11:00 Noodles and Balloons 1:00 Pretty Nails/Garden Walk 2:00 Bingo 3:00 Sing-A-Long Susie Q 4:00 Musical Memories 6:00 Classic TV | 9:30 Exercise 12 10:00 News You Can Use 10:30 Word Scramble 11:00 Rhythm Band 1:00 Jingo 2:00 Penny Ante 3:00 Musical Memories 4:00 Afternoon Stretches 6:00 Classic TV | 9:30 Music & Movement w/ Rachel 13 10:00 Trivia 10:30 Word Scramble 11:00 Joyful Sounds/CH 1:00 Jingo 2:00 Penny Ante 3:00 Musical Memories 4:00 Afternoon Stretches 6:00 Classic TV | 9:30 Exercise 14 10:00 New You Can Use 10:30 Trivia 11:00 Hang Man 1:00 Jingo 2:00 Arts & Crafts 3:00 Computer Games 4:00 Afternoon Walk 6:00 Classic TV | 9:30 Exercise 15 10:00 Morning Social 10:30 Memory Games 11:00 Parachute Dance 1:00 Pretty Nails/Garden Walk 2:00 Residents Birthday Party 3:00 Computer Games 4:00 Afternoon Stretches 6:00 Classic TV | 9:30 Exercise 16 10:00 Morning Social 10:30 Kick Ball 11:00 Dog Tails with Stella 1:00 Reading Group 2:00 Arts & Crafts 3:00 Musical Memories 4:00 Afternoon Stretches 6:00 Classic TV | |
| 9:30 Worship Service 17 10:00 Exercise 10:30 News You Can Use 11:00 Junk Drawer Detective 1:00 Garden Walk 2:30 St. Patrick's Day Concert/CH 3:00 Computer Games 4:00 Afternoon stretches <small>St. Patrick's Day</small> | 9:30 Exercise 18 10:00 Daily Gratitude 10:30 Trivia 11:00 Noodles and Balloons 1:00 Pretty Nails/Garden Walk 2:00 Bingo 3:00 Sing-A-Long Susie Q 4:00 Musical Memories 6:00 Classic TV | 9:30 Exercise 19 10:00 News You Can Use 10:30 Word Scramble 11:00 Rhythm Band 1:00 Jingo 2:00 Penny Ante 3:00 Musical Memories 4:00 Afternoon Stretches 6:00 Classic TV | 9:30 Music & Movement w/ Rachel 20 10:00 Trivia 10:30 Word Scramble 11:00 Memory Game 1:00 Jingo 2:00 Reminiscence 3:00 Musical Memories 4:00 Welcome Spring Stretches 6:00 Classic TV <small>Spring Begins</small> | 9:30 Exercise 21 10:00 New You Can Use 10:30 Trivia 11:00 Hang Man 1:00 Jingo 2:00 Arts & Crafts 3:00 Computer Games 4:00 Afternoon Walk 6:00 Classic TV | 9:30 Exercise 22 10:00 Morning Social 10:30 Memory Games 11:00 Noodles and Balloons 1:00 Pretty Nails/Garden Walk 2:00 Friday Afternoon Tea 3:00 Musical Memories 4:00 Afternoon Stretches 6:00 Classic TV | 9:30 Exercise 23 10:00 Morning Social 10:30 Kick Ball 11:00 Dog Tails with Stella 1:00 Reading Group 2:00 Arts & Crafts 3:00 Musical Memories 4:00 Afternoon Stretches 6:00 Classic TV | |
| 9:30 Worship Service 24 10:00 Exercise 10:30 News You Can Use 11:00 Junk Drawer Detective 1:00 Garden Walk 2:00 Junk Drawer Detective 3:00 Computer Games 4:00 Afternoon stretches 6:00 Classic TV | 9:30 Exercise 25 10:00 Daily Gratitude 10:30 Trivia 11:00 Noodles and Balloons 1:00 Pretty Nails/Garden Walk 2:00 Bingo 3:00 Sing-A-Long Susie Q 4:00 Musical Memories 6:00 Classic TV | 9:30 Exercise 26 10:00 News You Can Use 10:30 Word Scramble 11:00 Rhythm Band 1:00 Jingo 2:00 Penny Ante 3:00 Musical Memories 4:00 Afternoon Stretches 6:00 Classic TV | 9:30 Music & Movement w/ Rachel 27 10:00 Trivia 10:30 Word Scramble 11:00 Memory Game 1:00 Jingo 2:00 Reminiscence 3:00 Musical Memories 4:00 Afternoon Stretches 6:00 Classic TV | 9:30 Exercise 28 10:00 New You Can Use 10:30 Trivia 11:00 Hang Man 1:00 Jingo 2:00 Arts & Crafts 3:00 Computer Games 4:00 Afternoon Walks 6:00 Classic TV | 9:30 Exercise 29 10:00 Morning Social 10:30 Memory Games 11:00 Parachute Dance 1:00 Pretty Nails/Garden Walk 2:00 Friday Afternoon Tea 3:00 Computer Games 4:00 Afternoon Stretches 6:00 Classic TV | 9:30 Exercise 30 10:00 Morning Social 10:30 Kick Ball 11:00 Dog Tails with Stella 1:00 Reading Group 2:00 Arts & Crafts 3:00 Musical Memories 4:00 Afternoon Stretches 6:00 Classic TV | |
| 9:30 Worship Service 10:00 Exercise 10:30 News You Can Use 11:00 Junk Drawer Detective 1:00 Garden Walk 2:00 Junk Drawer Detective 3:00 Computer Games 4:00 Afternoon stretches 6:00 Classic TV | <p><i>"May joy and peace surround you, contentment latch your door, and happiness be with you now and bless you evermore!"</i></p> <p><i>- Irish blessing</i></p> | | | | | | |