

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

March 2019



“In Spring, everything is full of promise.” - Charles Lanman

						9:00 Exercise/CH 10:00 Tile Rummy/Loteria/FR 10:15 Local Shopping 10:30 Wellness Center 1:30 <i>Tails of Irish Castles/FR</i> 1:30 Canasta/UCR 2:30 Wellness Center 3:30 <i>The Sounds of Switzerland/NAV</i> 6:15 <i>All That Jazz/FR</i>	1		2
9:30 Worship Service/CH 1:30 Tile Rummy/SR 2:00 Sunday Matinee/FR	3 9:00 Exercise/CH 10:00 Tile Rummy/FR 10:30 Manicure/NAV 10:30 Wellness Center 1:45 <i>Cuckoo Door Décor/NAV</i> 2:00 Local Shopping 2:30 Wellness Center 3:00 Bingo/PDR 6:15 <i>A star is born 1932</i>	4 9:00 Stretch & Walk/CH 9:00 Residents' Council/PDR 10:30 Food Committee/RDR 10:30 Wellness Center 11:00 Chair Relaxation/CH 2:00 Needle Arts Club/SR 2:30 Wellness Center 3:00 The Mardi Gras Party/NAV <small>Mardi Gras</small>	5 9:00 Exercise/CH 9:30 Health Check/SB 10:00 Tile Rummy/SR 10:00 "News Currents"/FR 10:30 Wellness Center 2:00 <i>The Magnificent Ambersons/FR</i> 2:30 Wellness Center 3:00 Bingo/PDR 6:15 Vespers/CH <small>Ash Wednesday</small>	6 9:00 Stretch & Walk/CH 10:30 Wellness Center 11:00 Bible Study/ CH 2:00 Life Journey w/Marie/SR 2:00 <i>Afternoon Stretches/NAV</i> 2:30 Wellness Center 3:00 Strategic Weapon/FR 6:15 <i>The Barchester Chronicles I/FR</i>	7 9:00 Exercise/CH 10:00 Tile Rummy/Loteria/FR 10:30 Wellness Center 1:30 <i>Tails of Irish Castles/FR</i> 1:30 Canasta/UCR 2:30 Wellness Center 3:00 Britain Isles w/Bronwyn/CH 6:15 <i>Hight Society/FR</i>	8 9:00 Exercise/CH 10:00 Tile Rummy/Loteria/FR 10:30 Wellness Center 1:30 <i>Tails of Irish Castles/FR</i> 1:30 Canasta/UCR 2:30 Wellness Center 3:00 Britain Isles w/Bronwyn/CH 6:15 <i>Hight Society/FR</i>		9 10:00 Morning Westerns /FR 11:00 Visits by St. Dominic's Catholic Church 1:30 Tile Rummy/SR 2:00 Saturday Matinee/FR 2:30 USC French Horn Concert/CH	
9:30 Worship Service/CH 1:30 Tile Rummy/SR 2:30 Flintridge Music for the World/CH 3:30 Sunday Matinee/FR <small>Daylight Saving Time Begins</small>	10 9:00 Exercise/CH 10:00 Tile Rummy/FR 10:30 Trivia /SR 10:30 Wellness Center 1:30 Norton Simon Museum 2:30 Wellness Center 3:00 Bingo/PDR 6:15 <i>John Wayne /FR</i>	11 9:00 Stretch & Walk/CH 10:00 Tile Rummy/FR 10:30 Wellness Center 11:00 Chair Relaxation/CH 2:00 Needle Arts Club/SR 2:30 Wellness Center 3:00 <i>Oldies but goodies karaoke /Nav</i> 6:15 <i>The Blind Side/FR</i>	12 9:00 Exercise/CH 9:30 Health Check/SB 10:00 "News Currents"/FR 10:00 Tile Rummy/SR 10:30 Wellness Center 11:00 Joyful Sounds/CH 1:30 <i>The Birdcage/FR</i> 2:30 Wellness Center 3:30 Coffee with Jim/FR 6:15 Vespers/CH	13 9:00 Stretch & Walk/CH 10:30 Wellness Center 11:00 Bible Study/ CH 2:00 Men's Club Meeting/NAV 2:00 Life Journey w/Marie/SR 2:00 <i>Afternoon Stretches/NAV</i> 2:30 Wellness Center 6:15 <i>The Barchester Chronicles II /FR</i>	14 9:00 Exercise/CH 10:00 Tile Rummy/Loteria/FR 10:15 Local Shopping 10:30 Wellness Center 10:30 Tile Rummy/FR 2:00 Dave Silversparre*Piano/HC 2:30 Wellness Center 3:30 Pretzels and beer happy hour 6:15 <i>Meet me in St. Louis/FR</i>	15 9:00 Exercise/CH 10:00 Tile Rummy/Loteria/FR 10:15 Local Shopping 10:30 Wellness Center 10:30 Tile Rummy/FR 2:00 Dave Silversparre*Piano/HC 2:30 Wellness Center 3:30 Pretzels and beer happy hour 6:15 <i>Meet me in St. Louis/FR</i>		16 10:00 Morning Westerns /FR 10:30 Solheim Book Club/SR 11:00 Visits by St. Dominic's Catholic Church 1:30 Tile Rummy/SR 2:00 Saturday Matinee/FR	
9:30 Worship Service/CH 1:30 Tile Rummy/SR 2:30 St. Patrick's Day Concert <i>with J.C. Munns/CH</i> 3:30 Sunday Matinee/FR <small>St. Patrick's Day</small>	17 9:00 Exercise/CH 10:00 Tile Rummy/FR 10:30 Manicure/NAV 10:30 Wellness Center 1:45 Stuffing Easter Eggs/NAV 2:00 Local Shopping 2:30 Wellness Center 3:00 Bingo/PDR 6:15 <i>John Wayne /FR</i>	18 9:00 Stretch & Walk/CH 10:00 Tile Rummy/FR 10:30 "Ask the Librarian"/SR 10:30 Wellness Center 11:00 Chair Relaxation/CH 2:00 Needle Arts Club/SR 2:00 Church Council Mtg./UCR 2:30 Wellness Center 3:00 <i>Sing-A-Long w/Susie Q/NAV</i>	19 9:00 Exercise/CH 9:30 Health Check/SB 10:00 "News Currents"/FR 10:00 Tile Rummy/SR 10:30 Wellness Center 2:00 <i>The English Patient/FR</i> 2:30 Wellness Center 3:00 Bingo/PDR 6:15 Vespers/CH <small>Spring Begins</small>	20 9:00 Stretch & Walk/CH 10:30 Wellness Center 10:30 Movie Outing/FR 11:00 Bible Study/ CH 2:00 Life Journey w/Marie/SR 2:00 <i>Afternoon stretches/NAV</i> 3:30 Town Meeting/CH 2:30 Wellness Center 6:15 <i>The Barchester Chronicles III/FR</i> <small>Purim</small>	21 9:00 Exercise/CH 10:00 Tile Rummy/Loteria/FR 10:15 Local Shopping 10:30 Wellness Center 2:00 Lenora Ruud Memorial Service 2:30 Wellness Center 3:30 <i>Tails of Irish Castles/FR</i> 6:15 <i>Forrest Gump/FR</i>	22 9:00 Exercise/CH 10:00 Tile Rummy/Loteria/FR 10:15 Local Shopping 10:30 Wellness Center 2:00 Lenora Ruud Memorial Service 2:30 Wellness Center 3:30 <i>Tails of Irish Castles/FR</i> 6:15 <i>Forrest Gump/FR</i>		23 10:00 Morning Westerns /FR 11:00 Visits by St. Dominic's Catholic Church 1:30 Tile Rummy/SR 2:00 Saturday Matinee/FR	
9:30 Worship Service/CH 1:30 Tile Rummy/SR 2:00 Sunday Matinee/FR	24 9:00 Exercise/CH 10:00 Tile Rummy/FR 10:30 Trivia/SR 10:30 Wellness Center 1:45 Stuffing Easter bags/NAV 2:00 Local Shopping 2:30 Wellness Center 3:00 Bingo/PDR 6:15 <i>John Wayne /FR</i>	25 9:00 Stretch & Walk/CH 10:00 Tile Rummy/FR 10:30 Wellness Center 11:00 Chair Relaxation/CH 2:00 Needle Arts Club/SR 2:30 Wellness Center 3:00 <i>Oldies but goodies karaoke /Nav</i> 6:15 <i>Sahara/FR</i>	26 9:00 Exercise/CH 9:30 Health Check/SB 10:00 "News Currents"/FR 10:00 Tile Rummy/SR 10:30 Wellness Center 2:00 <i>The Red Violin/FR</i> 2:30 Wellness Center 3:00 Bingo/PDR 6:15 Vespers/CH	27 9:00 Stretch & Walk/CH 10:30 Wellness Center 11:00 Bible Study/ CH 2:00 Life Journey w/Marie/SR 2:00 <i>Afternoon stretches/NAV</i> 2:30 Wellness Center 3:00 Close Air Support/FR 6:15 <i>The Barchester Chronicles/IVFR</i>	28 9:00 Exercise/CH 10:00 Tile Rummy/Loteria/FR 10:30 Wellness Center 11:00 Lunch Outing 1:30 <i>Tails of Irish Castles/FR</i> 1:30 Canasta/UCR 2:30 Wellness Center 3:30 Remembering the Luck of the Irish 6:15 <i>Radio Movie/FR</i>	29 9:00 Exercise/CH 10:00 Tile Rummy/Loteria/FR 10:30 Wellness Center 11:00 Lunch Outing 1:30 <i>Tails of Irish Castles/FR</i> 1:30 Canasta/UCR 2:30 Wellness Center 3:30 Remembering the Luck of the Irish 6:15 <i>Radio Movie/FR</i>		30 10:00 Morning Westerns /FR 11:00 Visits by St. Dominic's Catholic Church 1:30 Tile Rummy/SR 2:00 Saturday Matinee/FR	
9:30 Worship Service/CH 1:30 Tile Rummy/SR 2:00 Sunday Matinee/FR	31	<p><i>“May joy and peace surround you, contentment latch your door, and happiness be with you now and bless you evermore!” - Irish blessing</i></p>							