

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

<p><b>Room Locations</b></p> <p>SR - Sun Room CH - Chapel FR - Fountain Room BW - Breezeway SB - Sunburst Nurses' Station HC - Health Center NAV - Navigage PDR - Private Dining Room RDR - Residential Dining Room UCR - Upper Conference Room</p>	<p>9:00 Exercise/CH 10:00 Tile Rummy/FR 10:30 Manicure/NAV 10:30 Wellness Center 1:45 <b>Prepping for Easter/NAV</b> 2:00 <b>Local Shopping</b> 2:30 Wellness Center 3:00 Bingo/PDR 6:15 <i>The Shadow/FR</i> <small>All Fools' Day</small></p>	<p>9:00 Stretch &amp; Walk/CH 9:00 <b>Residents' Council/PDR</b> 10:30 <b>Food Committee/RDR</b> 10:30 Wellness Center 11:00 <b>Chair Yoga /CH</b> 2:00 Needle Arts Club/SR 2:30 Wellness Center 3:00 <b>Sing-A-Long/NAV</b> 6:15 <i>Foyle's War/FR</i></p>	<p>9:00 Exercise/CH 9:30 Health Check/SB 10:00 <b>"News Currents"/FR</b> 10:00 Tile Rummy/SR 10:30 Wellness Center 2:00 <b>The Guernsey Movie/FR</b> 2:30 Wellness Center 3:00 Bingo/PDR 6:15 <b>Vespers/CH</b></p>	<p>9:00 Stretch &amp; Walk/CH 10:00 Tile Rummy/SR 10:30 Wellness Center 11:00 <b>Bible Study/FR</b> 2:00 <b>Afternoon Stretches/NAV</b> 2:00 Life Journey w /Marie/SR 2:30 Wellness Center 2:45 <b>The Hunt for Faberge Egg/FR</b> 6:15 The Chaplin Collection/FR</p>	<p>9:00 Exercise/CH 10:00 Tile Rummy/Loteria/FR 10:15 <b>Local Shopping</b> 10:30 Wellness Center 10:30 <b>Calgary Youth Performance/CH</b> 1:30 <i>Sinatra to be Frank Doc./FR</i> 1:30 Canasta/UCR 2:30 Wellness Center 3:30 Happy Hour/NAV 6:15 <i>Happy Feet/FR</i></p>	<p>10:00 Morning Westerns /FR 11:00 <b>Visits by St. Dominic's Catholic Church</b> 1:30 Tile Rummy/SR 2:00 Saturday Matinee/FR</p>
---	---	---	---	---	---	--

<p>9:30 <b>Worship Service/CH</b> 1:30 Tile Rummy/SR 2:00 Sunday Matinee/FR</p>	<p>9:00 Exercise/CH 10:00 Tile Rummy/FR 10:30 Manicure/NAV 10:30 Wellness Center 1:45 <b>Stuffing Easter bags/NAV</b> 2:00 <b>Local Shopping</b> 2:30 Wellness Center 3:00 Bingo/PDR 6:15 <i>SeaBiscuit/FR</i></p>	<p>9:00 Stretch &amp; Walk/CH 10:00 Tile Rummy/FR 10:30 Wellness Center 11:00 <b>Chair Yoga /CH</b> 2:00 Needle Arts Club/SR 2:30 Wellness Center 3:00 <b>Sing-A-Long w/Sonia/RDR</b> 6:15 <i>Foyle's War/FR</i></p>	<p>9:00 Exercise/CH 9:30 Health Check/SB 10:00 <b>"News Currents"/FR</b> 10:00 Tile Rummy/SR 10:30 Wellness Center 1:30 <i>Emma Movie/FR</i> 2:30 Wellness Center 3:30 <b>Coffee with Jim/FR</b> 6:15 <b>Vespers/CH</b></p>	<p>9:00 Stretch &amp; Walk/CH 10:00 Tile Rummy/SR 10:30 Wellness Center 11:00 <b>Bible Study/FR</b> 2:00 <b>Men's Club Meeting/NAV</b> 2:00 Life Journey w /Marie/SR 2:30 Wellness Center 2:45 <b>Van Gogh's Guardian/FR</b> 6:15 The Chaplin Collection/FR</p>	<p>9:00 Exercise/CH 10:00 Tile Rummy/Loteria/FR 10:30 <b>Dumbo Movie Outing</b> 10:30 Wellness Center 1:30 Canasta/UCR 1:30 <i>Barbara Streisand Concert/FR</i> 2:30 Wellness Center 3:30 <b>Ice Cream Social/NAV</b> 6:15 <i>Mamma Mia/FR</i></p>	<p>10:00 Morning Westerns /FR 11:00 Visits by St. Dominic's Catholic Church 1:30 Tile Rummy/SR 1:30 <b>Solheim Easter Egg Roll</b> 2:00 Saturday Matinee/FR</p>
---	--	--	---	---	--	---

<p>9:30 <b>Palm Sunday Service/CH</b> 1:30 Tile Rummy/SR 2:00 Sunday Matinee/FR</p> <p><small>Palm Sunday</small></p>	<p>9:00 Exercise/CH 10:00 Tile Rummy/FR 10:30 Manicure/NAV 10:30 Wellness Center 2:00 <b>Local Shopping</b> 2:30 <b>Verdugo Hills Chorus/RDR</b> 2:30 Wellness Center 3:00 Bingo/PDR 6:15 <i>Drums Along the Mohawk/FR</i></p>	<p>9:00 <b>Descanso Gardens walk</b> 10:00 Tile Rummy/FR 10:30 Wellness Center 11:00 <b>Chair Yoga /CH</b> 2:00 Needle Arts Club/SR 2:00 <b>Church Council Mtg./UCR</b> 2:30 Wellness Center 3:00 <b>Sing-A-Long/NAV</b> 6:15 <i>Foyle's War/FR</i></p>	<p>9:00 Exercise/CH 9:30 Health Check/SB 10:00 <b>"News Currents"/FR</b> 10:00 Tile Rummy/SR 10:30 Wellness Center 12:30 <b>Residents Birthday/RDR</b> 2:00 <i>David vs. Goliath/FR</i> 2:30 Wellness Center 3:00 Bingo/PDR 6:15 <b>Vespers/CH</b></p>	<p>9:00 Stretch &amp; Walk/CH 10:00 Tile Rummy/FR 10:30 Wellness Center 11:00 <b>Bible Study/ CH</b> 2:00 Life Journey w/Marie/SR 2:00 <b>Afternoon stretches/NAV</b> 2:30 Wellness Center 3:30 <b>Town Meeting/CH</b> 6:15 <i>The Chaplin Collection/FR</i></p>	<p>9:00 Exercise/CH 10:00 Tile Rummy/Loteria/FR 10:15 <b>Local Shopping</b> 10:30 Wellness Center 1:30 <b>Good Friday Service/CH</b> 2:30 Wellness Center 2:30 <i>Son of God Movie/NAV</i> 6:15 <i>The Holy Land Revealed/FR</i> <small>Good Friday</small></p>	<p>10:00 Morning Westerns /FR 10:30 <b>Solheim Book Club/SR</b> 11:00 Visits by St. Dominic's Catholic Church 1:30 Tile Rummy/SR 2:00 Saturday Matinee/FR</p>
---	--	---	--	--	---	---

<p>Easter Sunday 9:30 <b>Easter Sunday Service/CH</b> 1:30 Tile Rummy/SR 2:00 Easter Parade/FR</p> <p><small>Easter Sunday</small></p>	<p>9:00 Exercise/CH 10:00 Tile Rummy/FR 10:30 Manicure/NAV 10:30 Wellness Center 1:45 <b>Short Reading Skits/FR</b> 2:00 <b>Local Shopping</b> 2:30 Wellness Center 3:00 Bingo/PDR 6:15 <i>Finding Forrester/FR</i> <small>Earth Day</small></p>	<p>9:00 Stretch &amp; Walk/CH 10:00 Tile Rummy/FR 10:30 Wellness Center 11:00 <b>Chair Yoga /CH</b> 2:00 <b>Classical Piano Concert/CH</b> 2:00 Needle Arts Club/SR 2:30 Wellness Center 3:30 <b>Sing-A-Long w/Susie Q/FR</b> 6:15 <i>Foyle's War/FR</i></p>	<p>9:00 Exercise/CH 9:30 Health Check/SB 10:00 <b>"News Currents"/FR</b> 10:00 Tile Rummy/SR 10:30 Wellness Center 2:00 <b>Hairspray Movie/FR</b> 2:30 Wellness Center 3:00 Bingo/PDR 6:15 <b>Vespers/CH</b></p>	<p>9:00 Stretch &amp; Walk/CH 10:00 Tile Rummy/SR 10:30 Wellness Center 11:00 <b>Bible Study/FR</b> 2:00 <b>Afternoon Stretches/NAV</b> 2:00 Life Journey w /Marie/SR 2:30 Wellness Center 2:45 <b>Leonardo &amp; the Mona Liza/FR</b> 6:15 <i>The Chaplin Collection/FR</i></p>	<p>9:00 Exercise/CH 10:00 Tile Rummy/Loteria/FR 10:30 Wellness Center 11:00 <b>Lunch Outing</b> 1:30 <i>Five foot two GaGa Doc./FR</i> 1:30 Canasta/UCR 2:30 Wellness Center 3:30 Happy Hour/NAV 6:15 <b>West Side Story/FR</b> <small>Arbor Day</small></p>	<p>10:00 Morning Westerns /FR 11:00 Visits by St. Dominic's Catholic Church 1:30 Tile Rummy/SR 2:30 <b>LA Dominant Music Pro./CH</b> 3:00 Saturday Matinee/FR</p>
--	--	--	--	--	--	---

<p>9:30 <b>Worship Service/CH</b> 1:30 Tile Rummy/SR 2:00 Sunday Matinee/FR</p>	<p>9:00 Exercise/CH 10:00 Tile Rummy/FR 10:30 Manicure/NAV 10:30 Wellness Center 1:45 <b>Short Reading Skits/FR</b> 2:00 <b>Local Shopping</b> 2:30 Wellness Center 3:00 Bingo/PDR 6:15 <i>The Wreck of the Mary Deare</i></p>	<p>9:00 Stretch &amp; Walk/CH 10:00 Tile Rummy/FR 10:30 Wellness Center 11:00 <b>Chair Yoga /CH</b> 2:00 Needle Arts Club/SR 2:30 Wellness Center 3:00 <b>Sing-A-Long/NAV</b> 6:15 <i>Foyle's War/FR</i></p>	<h1>April 2019</h1> <p><i>"Sweet April showers - Do spring May flowers."</i> - Thomas Tusser</p>		
---	--	--	--	--	--