

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

October 2019

"Let the leaves fall where they may-

Welcome October- Autumn is here!"

- Charmaine J Forde

<p>9:30 Classical Music 10:30 Worship Service 11:00 Stretch and Be Fit 2:00 Art w/Tamao 3:00 Bingo 4:00 Trivia 6:00 Relaxation Art (cart)</p>	<p>9:30 Balloon Toss 10:30 Get Fit 11:00 Discussion Ball 2:00 Sing-A-Long 3:00 Tuesday Bingo! 4:00 Travelogue 6:00 Relaxation Artwork (cart)</p>	<p>9:30 Armchair Travel 10:15 <i>News You Can Use</i> 10:45 Music & Movement 11:30 SNF Resident Council 2:00 Wellness Time 3:00 Wednesday Bingo 4:00 Gospel Music 6:00 Relaxation Artwork (cart)</p>	<p>9:30 Soothing Music 10:15 <i>News You Can Use</i> 10:30 Rise N' Shine Chair Yoga 11:00 Memory Joggers 2:00 Arts & Crafts/Passports 3:00 Thursday Bingo 4:00 Positive Headlines 6:30 Relaxation Artwork(cart)</p>	<p>9:30 Morning Social 10:00 Gratitude Moments 10:30 Morning Stretches 11:00 Family Feud 2:00 Viewer's Choice 3:30 Table Games 4:00 Relaxing Music</p>	<p>9:30 Balloon Toss 10:00 Armchair Travel 10:30 Sit & Be Fit 11:00 Visits by St. Dominic's Catholic Church 2:00 Family Feud 3:00 Music Appreciation 6:00 Relaxation Artwork (cart)</p>
<p>9:30 Classical Music 10:30 Worship Service 11:00 Stretch and Be Fit 2:00 Art w/Tamao 3:00 Bingo 4:00 Trivia 6:00 Relaxation Art (cart)</p>	<p>9:30 Fresh Fruits 10:00 Gratitude Moments 10:30 Get Fit w/ Juan! 11:00 Super Computer/Spa 2:00 Wellness Time 3:00 Monday Bingo 4:00 Armchair Travel 6:00 Relaxation Art (cart)</p>	<p>9:30 Balloon Toss 10:30 Get Fit 11:00 Discussion Ball 2:00 Sing-A-Long 3:00 Tuesday Bingo! 4:00 Travelogue 6:00 Relaxation Artwork (cart)</p>	<p>9:30 Armchair Travel 10:15 <i>News You Can Use</i> 10:45 Music & Movement 2:00 Wellness Time 3:00 Wednesday Bingo 4:00 Gospel Music 6:00 Relaxation Artwork (cart)</p> <p style="text-align: center;">Yom Kippur</p>	<p>9:30 Soothing Music 10:15 <i>News You Can Use</i> 10:30 Rise N' Shine Chair Yoga 11:00 Memory Joggers 2:00 Arts & Crafts/Passports 3:00 Thursday Bingo 4:00 Positive Headlines 6:30 Relaxation Artwork(cart)</p>	<p>9:30 Morning Social 10:00 Gratitude Moments 10:30 Morning Stretches 11:00 Family Feud 2:00 Viewer's Choice 3:30 Table Games 4:00 Relaxing Music</p>
<p>9:30 Classical Music 10:30 Worship Service 11:00 Stretch and Be Fit 2:00 Art w/Tamao 3:00 Sunday afternoon Bingo 4:00 Trivia 6:00 Relaxation Art (cart)</p>	<p>9:30 Fresh Fruits 10:00 Gratitude Moments 10:30 Get Fit w/ Juan! 11:00 Super Computer/Spa 2:00 Wellness Time 3:00 Monday Bingo 4:00 Armchair Travel <small>Columbus Day (US) Thanksgiving Day (Canada) Sukkot</small></p>	<p>9:30 Balloon Toss 10:30 Get Fit 11:00 Discussion Ball 2:00 Sing-A-Long 3:00 Tuesday Bingo! 4:00 Travelogue 6:00 Relaxation Artwork (cart)</p>	<p>9:30 Armchair Travel 10:15 <i>News You Can Use</i> 10:45 Music & Movement 2:00 Wellness Time 3:00 Wednesday Bingo 4:00 Gospel Music 6:00 Relaxation Artwork (cart)</p>	<p>9:30 Soothing Music 10:15 <i>News You Can Use</i> 10:30 Rise N' Shine Chair Yoga 11:00 Memory Joggers 2:00 Arts & Crafts/Passports 3:00 Thursday Bingo 4:00 Positive Headlines 6:30 Relaxation Artwork(cart)</p>	<p>9:30 Morning Social 10:00 Gratitude Moments 10:30 Morning Stretches 11:00 Family Feud 2:00 Residents B-Day Party 3:30 Table Games 4:00 Relaxing Music</p>
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